



## Buwate Sports Academy

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| Date:<br>June 30, 2019  | Prepared by:<br>Sylvia Nakiirya and Daniel Wakibi |
| <b>I. Demographic Information</b>   |   |
| 1. City & Province:<br>Buwate, Uganda   |   |
| 2. Organization:<br>Real Medicine Foundation Uganda ( <a href="http://www.realmedicinefoundation.org">www.realmedicinefoundation.org</a> )<br>Mother Teresa Children's Foundation ( <a href="http://www.mtcf-intl.org">www.mtcf-intl.org</a> )  |   |
| 3. Project Title:<br>Buwate Sports Academy  |   |
| 4. Reporting Period:<br>April 1, 2019 – June 30, 2019   |   |
| 5. Project Location (region & city/town/village):<br>Buwate Village, Kira Town Council, Wakiso District, Kampala, Uganda  |   |
| 6. Target Population:<br>The children and population of Buwate  |   |
| <b>II. Project Information</b>  |   |
| 7. Project Goal:<br><br>Develop the youth advancement and economic components of our humanitarian work through games, sports training, vocational training, and other educational opportunities.  |   |
| 8. Project Objectives: <ul style="list-style-type: none"> <li>• Provide funding to assist the operations and growth of Buwate Sports Academy.</li> <li>• Provide funding to empower the most vulnerable children from the slums surrounding Kampala to attend school.</li> <li>• Promote economic empowerment for women in the community through vocational skills training.</li> <li>• Contribute to the reduction of economic distress in Ugandan communities.</li> <li>• Promote the realization of Sustainable Development Goals, creating resilient communities through economic empowerment.</li> </ul>   |   |
| 9. Summary of RMF/MTCF-sponsored activities carried out during the reporting period under each project objective (note any changes from original plans): <ul style="list-style-type: none"> <li>• Buwate Sports Academy organized a number of holiday matches and games for the children, which were conducted at the Kira sports grounds. The holiday program kicked off with vigorous training for children who attend both boarding and day schools, and thereafter we invited various teams in the categories of under 9, 11, and 13 for friendly football (American soccer) matches, such as Telstar Kira Soccer Academy. Buwate Sports Academy emerged as the overall winners in all categories.</li> <li>• The second holiday match was for the under-17 children and played between Butenga Football Club and Buwate Sports Academy at Kira sports grounds.</li> <li>• Buwate Sports Academy also participated in an annual football (American soccer) gala championship organized by the Kira division. This gala attracted 5 teams within the Kira division, such as King Tendo Soccer Academy, Kikutukwe Soccer Academy, Kira Soccer Academy, Telstar Kira Soccer Academy, and Buwate Sports Academy.</li> </ul> |   |

- Buwate Sports Academy conducted a home and away match with Excel Soccer Academy in Kyabala, played in the categories of under 9, 11, and 13.
- We hosted a visiting team from Kikutukwe Soccer Academy which played with the under-17 Buwate children. The game ended with a 1-1 draw for the two teams.
- The school fees of 80 children under RMF sponsorship were paid. This was done in a timely manner to ensure that the students can report to school without interruption.
- Scholastic materials were purchased and distributed to children going back to school. This is done each term to support children's education and add further incentive to attend holiday football (American soccer) trainings.
- Buwate Sports Academy conducted a follow-up visit to one of its beneficiaries, Kibirige Asuman, who, due to school fees challenges, opted to enroll at Excel Vocational Training Centre after senior four for a course in automotive mechanics.
- Wages for Buwate Sports Academy support staff were paid promptly, enabling the program to run smoothly.
- The tailoring department was strengthened to accommodate the increasing number of trainees, mainly girls who dropped out of school due to difficulty paying school fees.
- The hairdressing department was also facilitated and acquired more training materials for the students. This department has attracted a good number of trainees from the communities of Buwate and Kireka on a monthly basis.
- Buwate Sports Academy has greatly impacted the lives of its vocational trainees by enabling students, specifically those who were previously employed as house helpers in the community, to start up their own business and generate a daily income.
- The vocational department continued to register progress by contributing a small percentage of income to the students as startup capital, and by purchasing some sewing machines, which enables students who have finished all levels of their training to start up their own business and generate a daily income.
- The tailoring department continued to register progress by winning contracts from neighboring schools. Tailoring trainees make school uniforms such as sportswear, skirts, dresses, and shirts, as well as school bags and ladies' bags and wallets, which help generate income to support the department.
- Monthly formative meetings were held in the vocational department. During these meetings, the issues discussed include necessary repair and maintenance of existing machines and customer care service techniques.
- Regular weekend trainings were organized for children who do not attend boarding school.
- Buwate Sports Academy safely transported the children to play in different matches away from Buwate and Kireka.
- Food, soft drinks, and charcoal were purchased so that we could provide the children with a meal during training sessions and away games.
- Purchased essential sports materials for the academy, such as balls, uniforms, socks, and sports bibs, which was all possible through RMF funding.
- A routine follow-up was conducted for the trainees who completed their tailoring training. Many are now well-established at various locations in Kampala and Buwate doing business to generate an income.

10. Results and/or accomplishments achieved during this reporting period:

- Buwate Sports Academy successfully held holiday programs for the children.
- School fees were paid on time for children under RMF sponsorship.
- Buwate Sports Academy successfully distributed scholastic materials to children in the program in preparation for their return to school.
- Staff wages were paid in a timely manner, which enables the sports academy to run smoothly, motivates the staff, and ensures a greater opportunity for students to learn.
- Children were provided with hot meals during practice and away games. When the children are well-fed, they have more energy, better morale, and are able to perform better, producing better results.
- Buwate Sports Academy has continuously seen a large number of students enrolling in both hairdressing and tailoring classes in Buwate and Kireka.
- Children were safely transported to sports encounters outside Buwate and Kireka, as well as Seta sports grounds.

- Buwate Sports Academy followed up with one of our beneficiaries who is now attending the Excel Vocational Training Centre.
- The tailoring and hairdressing departments have continuously boosted their income levels by making items like ladies' bags and school uniforms, as well as creating trendy hairstyles for clients.
- The vocational department has successfully trained and prepared its students to compete in the outside market, and with RMF's support, they have been able to establish small startups.
- Purchased essential sports materials, such as uniforms, balls, socks, etc., to replace the old and worn-out materials.
- Purchased materials for the hairdressing and tailoring department students, including sewing machines for tailoring students who have completed all levels of training.

11. Impact this project has on the community (who is benefiting and how):

- Buwate Sports Academy has created publicity for the area. Buwate used to get very little positive attention, but it is gradually becoming a popular place, with great hope that this will attract social services from the government and other development partners.
- Buwate Sports Academy has changed the negative impression that the rest of the city had of Buwate. Buwate was previously known as a slum, an area for criminals. Now Buwate Sports Academy has redefined the area as a hub for talented children.
- Buwate Sports Academy has given hope to community members. The children in Buwate can now see that it's possible to succeed in their community. Additionally, young adults now see the opportunity of vocational training in Buwate, and this has reduced the level of despair among community members, especially the youth.
- The impact of Buwate Sports Academy's vocational training program is evident in the community and has even led some male youths to enroll for hairdressing and tailoring training. In the past, these were seen as jobs only for females.
- The vocational department has successfully trained students, who are now ready for work in the community. Former trainees are now self-employed, thus reducing the rate of unemployment and the evils that come with it. This has positively impacted the community, the academy, as well as the beneficiaries by elevating the standard of living.
- The new hairdressing class in the Kireka slum area (started in the third quarter of 2018) is contributing to the reduction of social problems like prostitution. Given the opportunity, vulnerable women are searching for a better and safer way to generate income.
- Buwate Sports Academy and the surrounding schools are now working together. For instance, Assistant Coach Francis Karungi is occasionally hired by the neighboring primary schools to provide additional sports training to children in preparation for school soccer competitions. Coach Francis fulfills this role well due to his passion for the game.
- Buwate Sports Academy is promoting livelihood skills through tailoring and hairdressing and beauty therapy classes. This component is expanding with the help of RMF. We receive thanks and testimonies from women who used to stay idle at home, but now can work at beauty salons. The vocational program has done much to promote goodwill towards Buwate Sports Academy.
- The project is contributing to poverty reduction and wealth creation. For instance, vocational program trainees are engaged in income-generating activities. These community members used to have no income, but now they can earn more than UGX 150,000 per month. This is a positive move and has a big multiplier effect on the wellbeing of the entire community.
- Buwate Sports Academy has created a friendship with neighboring schools. For instance, the tailoring department is now sewing uniforms for Quality Primary School; this has also boosted trainees' level of income. There has been an increase in the number of students enrolling in the program.
- Through the vocational training program, the academy has created hope for girls who had to drop out of school due to lack of funds; now they have an opportunity to acquire employable skills in different areas of interest.
- Buwate Sports Academy has helped create a rhythm of life for young people in the community. It is now clear that during holidays there is a program to follow. This has reduced the rate of crimes among youths in the area, and it has reduced the number of problem youths loitering in the area and causing other social challenges, such as substance and alcohol abuse, early marriages, prostitution, etc.

- Buwate Sports Academy has helped local young people become friendly towards one another through playing together. Previously, the youth in Buwate were often in gang groups that could terrorize the community, but now the youth have become more friendly and productive.
- The project is contributing to reducing illiteracy in Uganda. Every year, RMF's support enables more children to complete their primary or secondary education, and some of our sponsored children have completed their Uganda Certificate of Education (UCE).
- The project is promoting employable skills: hairdressing and beauty therapy, tailoring, soap making, and sports skills. Many of the older Kireka boys are now playing professional football (American soccer) and are paid by affluent local teams to play for them.
- Buwate Sports Academy has provided employment to some locals; for instance, the instructors and coaches have been hired from the community.
- Buwate Sports Academy has created an opportunity for children and youth to develop their talents in sports. Some youth from poor families have received scholarships to affluent schools in Kampala, which they would never be able to access if not for their talent and training in sports.
- Buwate Sports Academy is improving child-to-parent relationships, especially through informative talks that we conduct with parents.
- Buwate Sports Academy has helped to sustain and retain children in school. This is because of scholastic materials that are given to the children and sensitization provided during trainings: "School is good."
- Buwate Sports Academy is providing hope for orphans and vulnerable children by paying their school fees and equipping them with practical life skills to help them survive in the outside world.
- Buwate Sports Academy has influenced positive behavior change in the community. The children know that it is good to be in school, it is not good to be violent, substance abuse is bad, early marriage is not good, etc.
- During gatherings, youths are given knowledge to protect themselves against HIV/AIDS.
- The project is interlinking the different communities of Buwate, such as Kireka, Buwate, Kira, Seeta, and more. Through frequent interactions and mutual cooperation, these communities have become more united.
- Buwate Sports Academy has united the community of Buwate as a whole; for instance, the secular youth and the church are working together. In addition, the bond of friendship with the community has grown, as the establishment of the vocational department has resulted in a special love in the community for the academy.
- Buwate Sports Academy is building a positive attitude towards sports in the community. Community members now see the value and positive impact that sports can have.
- The project is building the confidence of local children who participate. In the past, Buwate children often felt inferior while with other city children. Now their self-esteem is high and they can express themselves. This is evidenced by the monitoring of the continuous behavior and attitude change of the students at enrollment and at the end of the program.
- We are promoting gender equality; for instance, the community had a mentality that soccer is for men, but now they see girls exhibiting serious skills. This is promoting an attitude change.
- Buwate Sports Academy girls and boys not only acquire skills as they play football (American soccer), but they learn to relate to each other and children from diverse cultures.
- The project is promoting holistic growth of the young people.
- The program has created an avenue for community dialogue. The community now can gather together and brainstorm.
- The bond of friendship and level of cooperation between Buwate and RMF has grown tremendously.
- Local political and social leaders have developed an interest in Buwate Sports Academy activities. This is manifested by frequent visits to our office.
- Some of the children are so passionate about football (American soccer), due to the improved skills attained at Buwate Sports Academy, that this has increased their sense of responsibility. For example, when their cleats are torn, somebody is always ready to mend them, and this reduces costs in terms of money and time.

12. Number of indirect project beneficiaries (geographic coverage):

About 2,000 persons benefit from the Buwate Sports Academy project, i.e. Buwate, Kireka, Bwyogerere, and Seeta communities.

13. If applicable, please list the medical services provided:

First Aid: Children are taken to a nearby clinic for comprehensive healthcare services, funded by RMF. We are also paying medical bills for the attending youths.

14. Please list the most common health problems treated through this project.

- Fractures
- Malaria
- Headaches
- Fever
- Respiratory Tract Infections
- Sprains

15. Notable project challenges and obstacles:

- Many community members are turning up for vocational training but cannot participate because of limited training materials.
- Startup kits are needed for beneficiaries completing vocational training. These help trainees apply their acquired skills, establish their own businesses, and effectively begin their journey to self-reliance. Providing startup kits for our beneficiaries is one way of completing the good work that we started in the community, and these startup kits also motivate trainees to use them to assist others and make a positive impact on others within the community.
- Buwate Sports Academy participants have increased, but the budget for food has not. It has become difficult to feed all of the children.
- Transportation is still a big problem when it comes to sports activities outside of Buwate. As a temporary solution, we hire transportation, but we cannot do so for all the members. Selecting a few from the group can demoralize the others.
- Buwate Sports Academy needs to establish an office to store its property; currently, the academy still uses the coach's house for storage, which makes coordinating project activities difficult, limits growth, and prevents full recognition of the academy.
- Due to fluctuations in prices and growing inflation rates, we are not always able to provide scholastic materials to all of the children enrolled. Thus, there is a need to increase the budget for scholastic materials.
- Buwate Sports Academy still does not have its own football (American soccer) field for conducting activities. The community sports grounds currently being used are not reliable and are not leveled to meet the minimum standard of a sports academy, which leads to the children's cleats getting worn out.
- There is a lack of professional coaches, qualified and registered with the sports federation, to further train the children to improve their skills.
- The older girls in the program cannot easily afford sanitary products, which has caused most of them to miss classes during their menstrual cycles. There is a need to integrate a program that addresses female participants' menstrual hygiene needs.

16. If applicable, plans for next reporting period:

- Continue to support Buwate Sports Academy activities.
- Continue to participate in home and away matches as planned by Buwate and different organizations.
- Report progress of the vocational training and continuous sports training.
- We are considering beginning construction of an office for Buwate Sports Academy to smoothly coordinate project activities.
- Begin a vocational project for the older Kireka boys who do not have the funds to continue with higher education in order to obtain employable skills.
- With the availability of funds, register the vocational department with the Ministry of Education and Sports in order to receive full recognition.
- Look into increasing funding for food so that children can stay motivated and healthy to return for training; increasing funding for scholastic materials to prevent children leaving without books; increasing funding for the vocational department to provide more facilities as students move to the next level or more options

in their education process; increasing funding for transportation so all children can attend away matches, as well as rent out our vehicle to generate income to the academy.

- Begin training tailors to make affordable sanitary napkins for the girls who cannot purchase them monthly.
- Look into solving the problem of the lack of accessible health facilities to avoid the challenge of community members walking long distances.

17. If applicable, summary of RMF/MTCF-sponsored medical supply distribution and use:

First Aid: Children are taken to a nearby clinic for comprehensive healthcare services, funded by RMF. We are also paying medical bills for the attending youths, as well as supplying and distributing components for first aid kits.

18. Success story(s) highlighting project impact:

Please refer to Appendices.

19. Photos of project activities (file attachment is fine):

Please refer to Appendices.

### III. Financial Information

20. Detailed summary of expenditures within each budget category as presented in your funded proposal (file attachment is fine). Please note any changes from plans.

Sent separately.

## APPENDIX A: Holiday Matches and Games



*The under-11 Buwate boys ready for the games*



*A team from Telstar Kira Soccer Academy*



*All invited teams, referees, and coaches gathered together*



*Under-11 Telstar Kira Soccer Academy and Buwate boys before the match*



*Playing under strict observation by the referee*





*Under-13 Buwate boys during their match against King Tendo Soccer Academy*



*A team of under-17 Buwate boys and girls before a match*



*Both boys and girls during a friendly match*



*Under-17 Buwate boys in a simple exercise before playing against Butenga Football Club*



*Under-17 Buwate boys before the whistle is blown to begin the match*



*Team members of the visiting Butenga Football Club*



*A throw-in during the match*



*Pressure mounting as Buwate prepares for a corner kick*



*Under-9 Buwate children before they face Kikutukwe Soccer Academy*



*Under-13 Buwate children played a 1-1 draw match.*



*Children sitting as they wait for final information from the organizers*



*Buwate boys and girls on arrival in Kyabala for a friendly match*



*Organizers taking time to interact with the children*



*The under-9 team in a match after hearing the rules of the game*



*Children participating in the game*



*A Buwate girl taking a penalty shot*





*A child mending a torn cleat for one of his teammates*



*Children lining up to receive soft drinks organized for them*



*Relaxing with their sodas*

## **APPENDIX B: Distribution of Scholastic Materials**



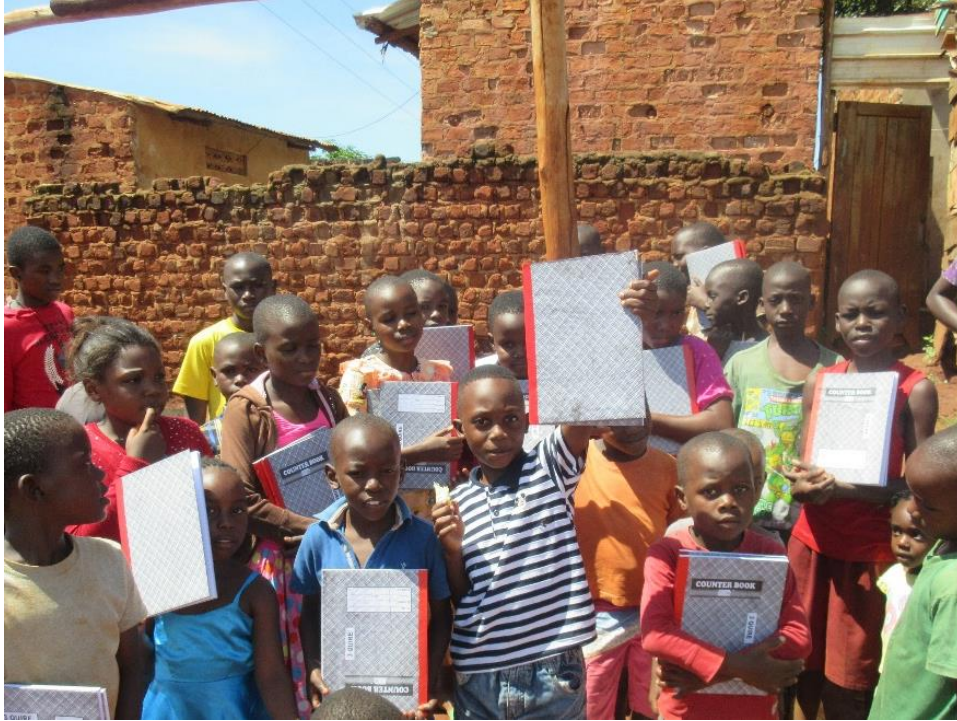
*Coach Karungi and Kisitu assisting in book distribution to the children*



*Group one after receiving their books for the second term*



*Group two lifting their books to signal they're ready for the second term*



*Children from the Kireka slum area receiving books for their second term*

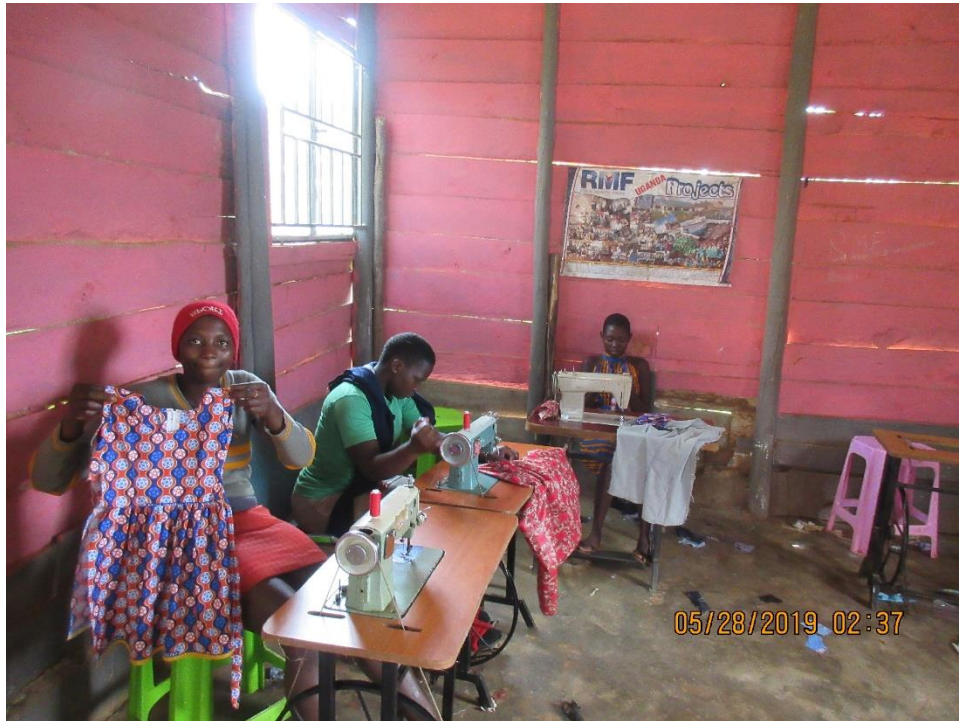
## **APPENDIX C: Empowerment Through Training and Resources**



*Sewing machines purchased for the tailoring department*



*Tailoring instructor Julian Tuhabwe giving a new sewing machine to Nantume Faridah, a tailoring trainee who completed the program*



*Tailoring trainee, Tendo, displaying a dress she made during training*



*Girls learning how to braid hair in the hairdressing department*



*Instructor Jerome (center) with students in the hairdressing department*



*Asuman, a beneficiary of Buwate Sports Academy, is now pursuing training as an automotive mechanic. Above, he is preparing for practical work during training.*



*Asuman and other classmates observing their instructor*